

BEING HUMAN

IN 2024 WE LAUNCHED THIS PROGRAM WITH 25 EARNEST SEEKERS.
THE RESULTS WERE ASTOUNDING:

100%

learned something new in the program
which greatly improved their life

89%

developed a better ability to
maintain their center

89%

developed a deeper connection
with the natural world

95%

know themselves better
as a result of participating

95%

awoke a deeper connection
with their spiritual life

89%

realized a deeper
joy for life

100%

feel a deeper appreciation for and connection to others

Are you ready to Be Here?
Are you ready to discover what it means to Be Human?

FEATURING 12 VISITING MASTERS TO SUPPORT YOUR JOURNEY

GABBY REECE

OLYMPIAN, AUTHOR, ENTREPRENEUR

ASHA NAYASWAMI

LIFELONG DISCIPLE OF YOGANANDA
AND KRIYANANDA

PAUL CHEK

HOLISTIC HEALTH PIONEER

ALYSON CHARLES STOREY

BESTSELLING AUTHOR, SHAMAN

JIM MCCARTY

SCRIBE OF THE RA MATERIAL

MARK WOLYNN

INTERNATIONAL BEST SELLING AUTHOR

EBEN BRITTON

NFL TURNED YOGI/AUTHOR

JASON PICKARD

ABUNDANCE ARCHETYPE

MIKE SALEMI

2X WORLD CHAMPION, PERFORMANCE SPECIALIST

DR. TESHNA BEAULIEU

MERIDIAN THERAPY AND TAPPING

DOE PAORO

MEDICINE SONG WOMAN



BEING HUMAN

12 WEEKS OF ASSISTED SELF-MASTERY

BENEFITS FOR A LIFETIME

CO-HOSTED BY

JARED PICKARD

BE HERE FOUNDER

AND

EDMUND KNIGHTON

SPIRITUAL COUNSELOR

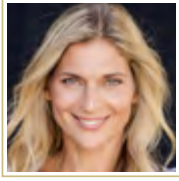
*The heart of the discipline is threefold:
One, know yourself. Two, accept yourself. Three, become the Creator.
The Ra Material*

FEBRUARY 4TH - MAY 1ST, 2025

beherefarm.com/human

BE HERE
FARM + NATURE

THE VISITING MASTERS



Gabby Reece

Legendary Olympic Volleyball player Team USA, author, actor, entrepreneur, model, and international wellness icon.



Asha Nayaswami

Lifelong disciple of Yogananda and Kriyananda, yogi, author, internationally beloved speaker.



Paul Chek

Holistic health pioneer, founder of the Chek Institute, founder of Spirit Gym, author, coach, and performance expert.



Jim McCarty

One of the three individuals responsible for channeling the Ra Material, Law of One, author and speaker, Jim is Scribe of the Ra Material.



Edmund Knighton

Multi decade student of Rudolf Steiner and the Ra Material, spiritual counselor and co-host of Being Human.



Alyson Charles Storey

Bestselling Author of “Animal Power”, Internationally Acclaimed Speaker, Founder of the Covenant of Shamanic Studies.



Eben Britton

NFL player turned yogi, author, and speaker. Host of acclaimed podcast The Eben Flow, author of book by same title.



Mark Wolynn

International best selling author of “It Didn’t Start With You”, expert on intergenerational family trauma.



Dr. Teshna Beaulieu

Master Practitioner in Meridian Therapy and Tapping, Quantum Neurology, and Neuro-Emotional Technique.



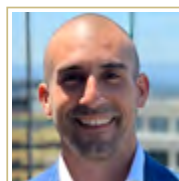
Jason Pickard

Combines teachings of holistic health and shamanism with his lessons as one of Wall Street’s most successful traders.



Doe Paoro

Artist, musician, medicine song woman, yogi, sound healer, and space holder.



Mike Salemi

Performance expert, holistic coach, speaker, 2x world champion in Bench Press and Deadlift, Master of Sport in Kettlebell, Long Cycle, and Biathlon.

PROGRAM LEADERS



Jared Pickard

FOUNDER, BE HERE

Being Here is hosted by Jared Pickard, founder of Be Here Farm + Nature, a biodynamic farm and experiential wellness brand located between Saint Helena, CA and Wimberly, TX. Be Here produces an award winning collection of self care products, grown and made by hand on their family farm, as well as hosts LIVE Nature immersions around the World. Be Here's work is inspired by the seasons and guided by the insights of Rudolf Steiner. Jared's dream is to inspire Nature Connection and to live a life that participates in the natural rhythms of Mother Nature.



Edmund Knighton

SPIRITUAL COUNSELOR, EMBODIMENT COACH

Edmund Knighton is a multi-decade student of Rudolf Steiner and the Ra Material. He holds a doctorate in clinical psychology specializing in neuropsychology and family systems. He has 36 years of experience as a community leader, Waldorf teacher, yoga instructor, and movement coach with a speciality in Hakomi, a therapeutic practice in assisted self development which aims to unlock unconscious belief systems through body awareness and mindfulness training.

A LETTER FROM JARED

Last year when we launched this program, we did not know what it would truly become. With full hindsight, we can now say that above and beyond anything else, Being Human is a community. The ability to improve self is expanded tremendously whilst working in community. This day and age, our tribe may not live in our village, and it is with this realization the program was launched.

Flashing forward to today, and we now have a thriving, extremely rich community of brilliant, creative thinkers who are earnest in their desire to self-improve, move beyond the limitations of the little “self”, and develop a living relationship with Nature, the great mysteries of existence, in alignment with their higher Selves, in service to others. The program was such a heartfelt success in its inaugural year that the community did not actually end at the close of the program. We have since held an in-person gathering as well as formed an ongoing continuing study group with the members from “year 1”. Despite meeting in a digital interface, deep life long friendships have been forged, and the members have become important to one another in ways that go beyond the norms of daily life wherever they live. The power behind this digital community lies in one simple truth; the experience is taking place not on the screen, as it may seem, but in the heart of each member. It is beautiful, deep, broad and real.

Looking forward to meeting you.

With love and warmth,

Jared Pickard

FOUNDER, BE HERE

WHAT INSPIRES THIS PROGRAM?

Although there are many inspirations behind our program, and esoteric wisdom from around the world is referred to as a means to adding color to our discussion, the absolute core of this program is our journey traversing Rudolf Steiner's 6 Levels of Mastery.

These Levels of Mastery are, practically speaking, 6 daily practices. These practices will be covered in 2 week cycles over our 12 weeks together, with an abundance of inspiration, conversation, and supporting source material for ongoing study.

THE 6 LEVELS OF MASTERY ARE:

THINKING
WILLING
EQUANIMITY
POSITIVITY
OPENNESS
HARMONIZING/BALANCING

These 6 exercises are the foundational practices for any pursuit of higher wisdom, higher knowledge, higher consciousness, or the pursuit of mastery in any field. These are the living qualities a master embodies.

THE VISITING MASTERS

Spiraling around the 6 Levels of Mastery we have a collection of world class Visiting Masters, each of whom will inspire lifelong benefit all on their own. We have the rare opportunity to ask our own burning questions to elite performers who often interact with thousands of individuals at once.

SUPPORTING MATERIAL

All of this is supported through a stepwise and easy to follow path of practices which are outlined in weekly documents and videos (which you can maintain access to for a lifetime).

PROGRAM FORMAT

We will gather virtually, weekly on Tuesday,
and every other week on Sunday.

MEETING DAYS

Tuesdays	5pm PST / 6pm MST / 7pm CST / 8pm EST
Sundays	8am PST / 9am MST / 10am CST / 11am EST

There are a total of 12 Tuesdays and 6 Sundays.

WHAT IS THE DIFFERENCE BETWEEN TUESDAY AND SUNDAY?

We will meet as a group every Tuesday. The first and third Tuesday we will meet for what we call an “Internal Session” - this is where the group holds discussions amongst ourselves around our personal experience with the 6 Levels of Mastery.

The second and fourth Tuesday we welcome a Visiting Master for a live conversation, including Q+A. Every other Sunday we have a bonus session, creatively dubbed the “Sunday Sessions”, where we welcome another Visiting Master to focus on practical experiential work (such as breathwork and yoga with Eben Britton, or sound healing and chanting with Doe Paoro).

PRACTICES

Each week we will release 1/12th of the Being Human process, following along together in stepwise fashion as we traverse the 6 Levels of Mastery in two week blocks. Documents, practices, links for additional reading, and video demonstrations will be published weekly. No prior experience in mindfulness, Rudolf Steiner, or any of the other source material we discuss is required, so long as you are open and earnest in your participation.

Although we will move through the process in weekly and bi-weekly “units”, it is fair to say that the information shared will be a resource you can refer to, live with, and expand on for a lifetime.



Ready to transform your understanding of mastery and join a community of like-minded individuals?

[Join the waitlist](#) today and secure your spot in this transformative journey!

COMPLETE SCHEDULE

DAY	DATE	TIME	SESSION
Tuesday	2/4/25	5pm PST / 6pm MST/ 7pm CST / 8pm EST	Opening Session
Sunday	2/9/25	5pm PST / 6pm MST/ 7pm CST / 8pm EST	Internal Session
Tuesday	2/11/25	4pm PST / 5pm MST/ 6pm CST / 7pm EST	Paul Chek*
Sunday	2/18/25	5pm PST / 6pm MST/ 7pm CST / 8pm EST	Internal Session
Tuesday	2/23/25	5pm PST / 6pm MST/ 7pm CST / 8pm EST	Eben Britton
Tuesday	2/25/25	5pm PST / 6pm MST/ 7pm CST / 8pm EST	Gabby Reece
Sunday	3/4/25	5pm PST / 6pm MST/ 7pm CST / 8pm EST	Internal Session
Tuesday	3/9/25	5pm PST / 6pm MST/ 7pm CST / 8pm EST	Dr. Teshna Beaulieu
Tuesday	3/11/25	5pm PST / 6pm MST/ 7pm CST / 8pm EST	Asha Nayaswami
Sunday	3/18/25	5pm PST / 6pm MST/ 7pm CST / 8pm EST	Internal Session
Tuesday	3/23/25	5pm PST / 6pm MST/ 7pm CST / 8pm EST	Jason Pickard
Tuesday	3/25/25	5pm PST / 6pm MST/ 7pm CST / 8pm EST	Jim McCarty
Sunday	4/1/25	5pm PST / 6pm MST/ 7pm CST / 8pm EST	Internal Session
Tuesday	4/6/25	5pm PST / 6pm MST/ 7pm CST / 8pm EST	Mike Salemi
Tuesday	4/8/25	5pm PST / 6pm MST/ 7pm CST / 8pm EST	Mark Wolynn
Sunday	4/15/25	5pm PST / 6pm MST/ 7pm CST / 8pm EST	Internal Session
Tuesday	4/22/25	5pm PST / 6pm MST/ 7pm CST / 8pm EST	Alyson Charles
Tuesday	4/29/25	5pm PST / 6pm MST/ 7pm CST / 8pm EST	Closing Session

*please note the earlier time slot for Paul Chek's session

Members will submit questions to Jared Pickard prior to the appearance of each Visiting Master. Questions will be organized into a dynamic conversation held between Jared and the Visiting Master, after which we will all have further opportunity for open-ended Q+A from the group.



Are you ready to be part of these insightful conversations and connect directly with inspiring Visiting Masters?

[Join the waitlist](#) today to secure your spot and begin this transformative journey!



ADDITIONAL SUPPORT

SHARING WITH FRIENDS AND FAMILY

One of the most beautiful ways to grow and learn is in the company of those you love. As you adopt these new practices and apply them to your life, the journey can be enhanced and the gains can be further solidified if those around you are able to participate. With this in mind, we allow each member to invite ANYONE THEY WANT into the room with them any time we have a Visiting Master (every other Tuesday and every other Sunday). No digital invitations are allowed. The guest must be in the physical room with you, on the screen, and participating in the process. They can come once, or they can come to every Visiting Master, it is up to you. No guests are ever allowed during internal sessions and Being Human internal documents are not approved for recirculation, republication, or sharing of any kind.

ACCOUNTABILITY PARTNERS

Every member will be paired with an Accountability Partner.

You and your Accountability Partner will schedule a 5 minute audio or video call each week at an agreed-to time to check-in with and self-address any questions or share any great inspirations (of course this is only a suggested minimum. Last year many pairs would talk at length and in depth). This is one of many opportunities throughout our time together to develop relationships that extend beyond the program.

SELF-GUIDED WITH FULL SUPPORT

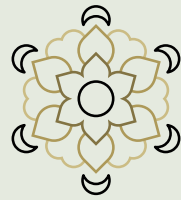
This is a self-guided program with a large amount of support provided by the weekly meetings (and bi-weekly Sunday Sessions), your accountability partner, an ongoing WhatsApp thread, and the written/video descriptions we provide. All of this content and information will be stored in a shared google drive accessible with your email, which will not expire. We will also include video recordings from each Visiting Master for later reference.

If you seek additional support, Jared and Edmund have limited availability for private sessions. Inquire at love@beherefarm.com to discuss.



Ready to deepen your journey and experience this unique support system firsthand?

[Join the waitlist](#) today and take the first step toward transformation!



BEING HUMAN REGISTRATION

Schedule your introductory call with Jared by emailing love@beherefarm.com. During the call we can speak to any questions you have around the program, fee, format, or anything else on your mind.

CONTACT INFO

Jared Pickard

Be Here Farm + Nature

love@beherefarm.com



Excited to take the first step in this journey?

[Join the waitlist](#) today and ensure your spot in the program!