BEING HUMAN

COMMUNITY SUPPORTED SELF-MASTERY

INSPIRED BY THE TEACHINGS OF RUDOLF STEINER

ASHA NAYASWAMI
DISCIPLE OF YOGANANDA

VICTOR WOOTEN
MUSICIAN, AUTHOR

ELIYAHU MOSHE
CREATOR OF ABUNDANCE ARCHETYPE

CHASE HUGHES
BEHAVIORAL EXPERT, AUTHOR

DR. RUDI VERSPOOR
PIONEER IN HOMEOPATHY

EBEN BRITTON
CREATOR OF THE ATHLETE'S APPROACH



CO-HOSTED BY

JARED PICKARD
PROGRAM DIRECTOR

AND

EDMUND KNIGHTON
SPIRITUAL DIRECTOR

FEBRUARY 4TH - MAY 6TH, 2027

beherefarm.com/beinghuman

BE HERE
FARM + NATURE

BEING HUMAN
SEASON IV

As a direct result
of taking this program

100%

of respondents from last season reported:

- A greater joy for life
- A more profound sense of one's own spirituality
- A deeper appreciation for others
- A more direct connection to their heart

Being Human is a container for self-transformation, self-growth, and self-flowering, set in a community of passionate, compassionate individuals, each striving to become their best self while earnestly supporting you to do the same.

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YOUR VISITING MASTERS



Asha Nayaswami

Lifelong disciple of Paramhansa Yogananda and Swami Kriyananda, devoted yogi, author, and internationally beloved spiritual teacher, sharing over five decades of wisdom in meditation, Self-realization, and the art of spiritual living.



Victor Wooten

Five-time Grammy Award-winning bassist, composer, author, and educator, widely regarded as one of the greatest bassists of all time. A visionary musical innovator and teacher, exploring the profound connections between music, nature, creativity, and the art of living.



Eliyahu Moshe

Formerly one of Wall Street's most successful traders, now a teacher and practitioner of holistic health, shamanism, and personal transformation. Blends the wisdom of ancient healing traditions with lessons from high-stakes finance, exploring the intersection of wealth, well-being, consciousness, and human potential.



Chase Hughes

Former U.S. Navy veteran, bestselling author, and behavioral expert specializing in human behavior, persuasion, influence, and psychological profiling. Known for decoding the hidden language of human interaction and teaching the science of reading people, understanding motivations, and recognizing manipulation.



Dr. Rudi Verspoor

Pioneer in homeopathy and Heilkunst, author, educator, and founder of the Hahnemann College for Heilkunst. Drawing on decades of research and clinical practice, he explores the deeper principles of healing, human vitality, and the relationship between mind, body, and disease.



Eben Britton

Former NFL offensive lineman, author of The Eben Flow, and host of The Athlete's Approach podcast. Drawing on his journey from professional football to spiritual exploration, he bridges physical mastery, ancient wisdom, holistic health, and consciousness in pursuit of authentic living and human transformation.

PROGRAM LEADERS



Jared Pickard
PROGRAM DIRECTOR

Being Human is hosted by Jared Pickard, founder of Be Here Farm + Nature, a biodynamic farm and experiential wellness brand in Wimberley, TX. Jared, his wife, and daughter tend their garden by hand and create an award-winning line of self-care products inspired by the rhythms of the seasons. Be Here Farm + Nature offers live nature immersions and online programming focused on community-supported self-mastery. Guided by Rudolf Steiner's teachings, their work invites people into embodied nature connection—building a growing community inspired to nurture themselves and the natural world, living with greater joy, wellness, and care.



Edmund Knighton
SPIRITUAL DIRECTOR

Multi-decade student of Rudolf Steiner and the Ra Material. Edmund holds a doctorate in clinical psychology specializing in neuropsychology and family systems. Community leader, Waldorf teacher, yoga instructor, and movement coach specializing in Hakomi, a body-centered therapeutic practice unlocking unconscious beliefs through mindfulness and awareness. Edmund's dream is to foster deeper self-awareness and self-healing, inspiring people to live with greater understanding, love, wisdom, and connection.



A LETTER FROM JARED

The ability to improve self is expanded tremendously whilst working in community. This day and age, our tribe may not live in our village, and it is with this realization our program was launched.

Flashing forward to today, we now have a thriving, extremely rich community of brilliant, creative thinkers who are unified in their desire to self-improve, are moving beyond the limitations of the little “self”, are connected to Nature in a living way, moving in reverence for the great Mystery, in alignment with their higher Selves, living earnestly in service to others.

Despite meeting in a digital interface, deep lifelong friendships have been forged, and the members have become important to one another in ways that go beyond the norms of daily life wherever they live. The power behind this digital community lies in one simple truth; the experience is taking place not on the screen, as it may seem, but in the heart of each member.

It is beautiful, deep, broad and real.

Looking forward to meeting you.

With love and warmth,

Jared Pickard

FOUNDER, BE HERE FARM + NATURE

WHAT INSPIRES THIS PROGRAM?

There are many inspirations behind our program. Esoteric wisdom from around the world is referenced, adding color to our discussions, while the core of our program is based on Rudolf Steiner's 6 Levels of Mastery.

These Levels of Mastery are, practically speaking, 6 daily practices. These practices will be covered in two-week cycles over our 13 weeks together, with an abundance of inspiration, conversation, and supporting source material for ongoing study.

THE 6 LEVELS OF MASTERY ARE:

THINKING
WILLING
EQUANIMITY
POSITIVITY
OPENNESS
HARMONIZING/BALANCING

These 6 exercises are the foundational practices for any pursuit of higher knowledge, higher consciousness, or the pursuit of mastery in any field. These are the living qualities a master embodies.

THE VISITING MASTERS

Spiraling around the 6 Levels of Mastery we have a collection of world-class Visiting Masters, each of whom will inspire lifelong benefit all on their own. We have the rare opportunity to ask our own burning questions to elite performers who often interact with thousands of individuals at once.

SUPPORTING MATERIAL

All of this is supported through a stepwise and easy-to-follow path of practices which are outlined in weekly documents and videos (which you can maintain access to for a lifetime).



PROGRAM FORMAT

We will gather virtually for 13 weeks,
weekly on Thursday, and every other week on Tuesday.

MEETING DAYS

Thursdays	5pm PT / 6pm MT / 7pm CT / 8pm ET
Tuesdays	5pm PT / 6pm MT / 7pm CT / 8pm ET

WHAT IS THE DIFFERENCE BETWEEN THURSDAY AND TUESDAY?

We will meet as a group every Thursday for what we call an "Internal Session" – this is where the group holds discussions amongst ourselves around our personal experience with the 6 Levels of Mastery.

On every other Tuesday, we meet again to welcome a Visiting Master for a live conversation, including Q+A.

PRACTICES

Each week we will release 1/12th of the Being Human process, following along together in stepwise fashion as we traverse the 6 Levels of Mastery in two-week blocks. Documents, practices, links for additional reading, and video demonstrations will be published weekly. No prior experience in mindfulness, Rudolf Steiner, or any of the other source material we discuss is required, so long as you are open and earnest in your participation.

Although we will move through the process in weekly and bi-weekly "units", it is fair to say that the information shared will be a resource you can refer to, live with, and expand on for a lifetime.

Ready to transform your understanding of mastery and join a community of like-minded individuals?

Join the waitlist today and secure your spot in this community!



COMPLETE SCHEDULE

FEBRUARY

- Thursday, 2/4 – Internal Session
- Tuesday, 2/9 – Edmund Knighton
- Thursday, 2/11 – Internal Session
- Tuesday, 2/16 – Eben Britton
- Thursday, 2/18 – Internal Session
- Thursday, 2/25 – Internal Session

MARCH

- Tuesday, 3/2 – Asha Nayaswami
- Thursday, 3/4 – Internal Session
- Thursday, 3/11 – Internal Session
- Tuesday, 3/16 – Chase Hughes
- Thursday, 3/18 – Internal Session
- Thursday, 3/25 – Internal Session
- Tuesday, 3/30 – Dr. Rudi Verspoor

APRIL

- Thursday, 4/1 – Internal Session
- Thursday, 4/8 – Internal Session
- Tuesday, 4/13 – Victor Wooten
- Thursday, 4/15 – Internal Session
- Thu–Mon, 4/22-4/26 – Confluence Break
- Thursday, 4/29 – Internal Session

MAY

- Tuesday, 5/4 – Eliyahu Moshe
- Thursday, 5/6 – Internal Session / Closing

MEETING TIMES

Tuesdays or Thursdays
5pm PT / 6pm MT / 7pm CT / 8pm ET

Note: Members will submit questions to Jared Pickard prior to the appearance of each Visiting Master. Questions will be organized into a dynamic conversation held between Jared and the Visiting Master, after which we will all have further opportunity for open-ended Q+A from the group.

Are you ready to be part of these insightful conversations and connect directly with inspiring Visiting Masters?
Join the waitlist today to secure your spot!



ADDITIONAL SUPPORT

SHARING WITH FRIENDS AND FAMILY

One of the most beautiful ways to grow and learn is in the company of those you love. As you adopt these new practices and apply them to your life, the journey can be enhanced and the gains can be further solidified if those around you are able to participate. With this in mind, we allow each member to invite ANYONE THEY WANT into the room with them any time we have a Visiting Master (Tuesdays Only). No digital invitations are allowed. The guest must be in the physical room with you, on the screen, and participating in the process. They can come once, or they can come to every Visiting Master, it is up to you.

No guests are ever allowed during internal sessions and Being Human internal documents are not approved for recirculation, republication, or sharing of any kind.

ACCOUNTABILITY PARTNERS

Every member will be paired with an Accountability Partner.

You and your Accountability Partner will schedule a 5-minute audio or video call each week at an agreed-to time to check-in with and self-address any questions or share any great inspirations (of course this is only a suggested minimum; many pairs talk at length and in depth). This is one of many opportunities throughout our time together to develop relationships that extend beyond the program.

SELF-GUIDED WITH FULL SUPPORT

This is a self-guided program with a large amount of support provided by the weekly meetings (and bi-weekly Tuesday Sessions), your accountability partner, an ongoing WhatsApp thread, and the written/video descriptions we provide. All of this content and information will be stored in a shared Google Drive accessible with your email, which will not expire. We will also include video recordings from each Visiting Master for later reference.

If you seek additional support, Jared and Edmund have limited availability for private sessions. Inquire at love@beherefarm.com to discuss.

Ready to deepen your journey and experience this unique support system firsthand?
Join the waitlist today and take the first step toward transformation!

BEING HUMAN
REGISTRATION

Schedule your introductory call with Jared by emailing love@beherefarm.com. During the call we can speak to any questions you have around the program, fee, format, or anything else on your mind.

CONTACT INFO

Jared Pickard
Be Here Farm + Nature
love@beherefarm.com

Excited to take the first step in this journey?
Join the waitlist today and ensure your spot in the program!